26 OUT-OF-THE-BOX DATE NIGHT IDEAS

From a Couples Therapist & Divorce Lawyer

Stop scrolling. Start connecting.

After 40 years together—and seeing couples struggle in our offices—we know relationships don't fail overnight. They fade from disconnection. Intentional dating builds stronger connection.

Put the phones down. Be present. Actually talk. This is where the magic happens.

ADVENTURE DATES

- Stargazing
- Scavenger hunt
- Hiking or biking
- Kayaking or paddle boating
- Scenic drive + picnic

TRY SOMETHING NEW

- Cooking class
- Dance or painting class
- Bookstore + deep conversation
- Farmer's market + cook together

KEEP IT FUN

- Game night (spicy optional)
- Reenact your first date
- Pick outfits for each other
- Couples photoshoot

TURN UP THE INTIMACY

- Bedroom picnic
- Cocktail night at home
- Dress-up theme night
- Walk holding hands

DEEP CONNECTION

- Make Pinterest boards
- Go to church/synagogue
- Volunteer together
- Have real conversations

CHANGE THE SCENERY

- Hotel night
- Pretend you're dating again
- Picnic in a park
- Wine or cocktail tasting

Have fun and join our challenge to do 26 dates in 2026! Tag us @thebulitts.

Julie and David | www.thebulitt.com